



Questions
about your benefits?
Your health?

my-benefits
has the answers!

If you have any questions or concerns,
please contact our Service Centre at
info@johnstongroup.ca

Johnston Group Inc.
1051 King Edward Street
Winnipeg, MB R3H 0R4
johnstongroup.ca



REGISTER AT MY-BENEFITS.CA

Verify your identity, choose your own user ID and your registration is complete.
Let *my-benefits* start working for you today!

With *my-benefits* you have quick and secure online access to your group benefit coverage. You can view your benefit details, submit estimates and claims, upload new documents for pended claims, set your Health and Dental payments to be deposited directly into your bank account – even see the next date you're eligible for services.

my-benefits health[®] provides health information you can trust when you have questions or concerns. It includes valuable tools and resources to find a family doctor, look up health conditions, and locate patient assistance programs.

Is this service covered? Access your benefit details quickly and conveniently.

Save time. Get your claims reimbursed quickly by submitting them online.

Did I send in my eye exam claim?

To update your personal information click here.

Access tools and resources to help you live a healthier life.

Having difficulties? Need Help? Chat here!

The screenshot shows the my-benefits.ca website interface. At the top, there's a header with the my-benefits logo, user information for 'NATALIES PET RESCUE' (FIRM #: 31793, CERTIFICATE #: 3179301370), and language options (English, Français). A navigation menu on the left includes 'HOME', 'BENEFITS' (Overview, Drugs, Coverage & Changes, Travel Letter (NEW)), and 'CLAIMS' (Submit Claims or Estimates, Usage & History, Claims History Report, Forms & Requests). The main content area features a 'Submit a Claim or Estimate' button with a document icon, a 'My Benefits' section with a 'VIEW ALL >' link, and a 'Recent Claims' table. A 'my benefits health' chat widget is visible in the bottom right corner.

DATE PROCESSED	SUBMITTED EXPENSE	PAYMENT AMOUNT	STATUS	DOWNLOAD
2024-04-10	\$112.50	\$0.00	Paid	
2024-04-10	\$11.25	\$11.25	Paid	

Start living a healthier life TODAY. In the *Wellness* section, you and your dependents can complete a Health Risk Assessment to learn about your health risks and about the habits and behaviours you might be able to change to improve your overall health.

Coverage on the go. You can enjoy all the advantages of *my-benefits* on your Android™ or iOS device. Simply search 'my benefits' in either Google Play or the Apple Store and download the app to submit claims, view your coverage, or access your drug card. It's free and convenient. **Download it today!**